

Advice

Dear cycle tourists,
Please note the following guidelines:

The **green and white signs** will help you find your way; please make sure to only cycle on marked cycle paths.

All **time and kilometre distances specified** for routes are estimated values, and may deviate from your own calculations despite careful researching of the routes.

Bicycles may be brought onto U-Bahn (underground) and S-Bahn (suburban railway) services, subject to purchase of a suitable ticket and validation of a bicycle day ticket (currently priced at € 3.30). Please note that bicycles may not be carried on public transportation during rush hours: Monday to Friday 6:00 am-9:00 am and 4:00 pm-6:00 pm.



On the move

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Our services

München Tourismus provides you with information and inspiration for your visit to Munich.

Services

- Information about Munich and its tourist attractions
- Booking of hotel rooms
- Sale of: The München Card and München City Pass, city tours, guided tours, special guided tours, activity vouchers, outings to the surrounding countryside and to Bavaria's castles and lakes
- Souvenirs and tourist brochures

Tourist information locations



Hauptbahnhof (main train station),
Luisenstrasse 1

Marienplatz 8,
in the Neue Rathaus (New Town Hall)

To check current opening hours, please visit
simply-munich.com/touristinfo

or



Tel. +49 89 233-96 500
Email: tourismus.gs@muenchen.de
Mon-Fri 9:00 am-5:00 pm

Seasonal changes possible



Bicycletour



Photo: K. Kranzbuehler

Munich on three wheels

Hop on board, sit back, and enjoy: a **pedicab tour** is a personalised, flexible and relaxed way to discover the city. The leisurely pace offers an unhurried opportunity for guests to take in all the details of their surroundings. Longer routes are not a problem these days either, with the cab keeping guests protected against wind and weather, while staying close to the action. The pedicab guides know Munich's history and sights like the back of their hand, and will be glad to answer all your questions – they're also well-informed about the hottest photo locations and where to grab the best espresso. Brief stops can be added at any point on the journey.

München Tourismus offers the following pedicab tours with officially trained LHM (State Capital of Munich) guides:

Old Town Tour:

On this tour you will experience the history of Munich at close quarters from the founding of the city to the present day. Meeting point: Marienplatz

Old Town Tour and Englischer Garten:

This pedicab tour offers an excursion into the history of Munich plus a detour to one of the largest city parks in the world, the Englischer Garten. Meeting point: Marienplatz

simply-munich.com/rickshaw

More information about bike tours in and around Munich:
simply-munich.com/cycling

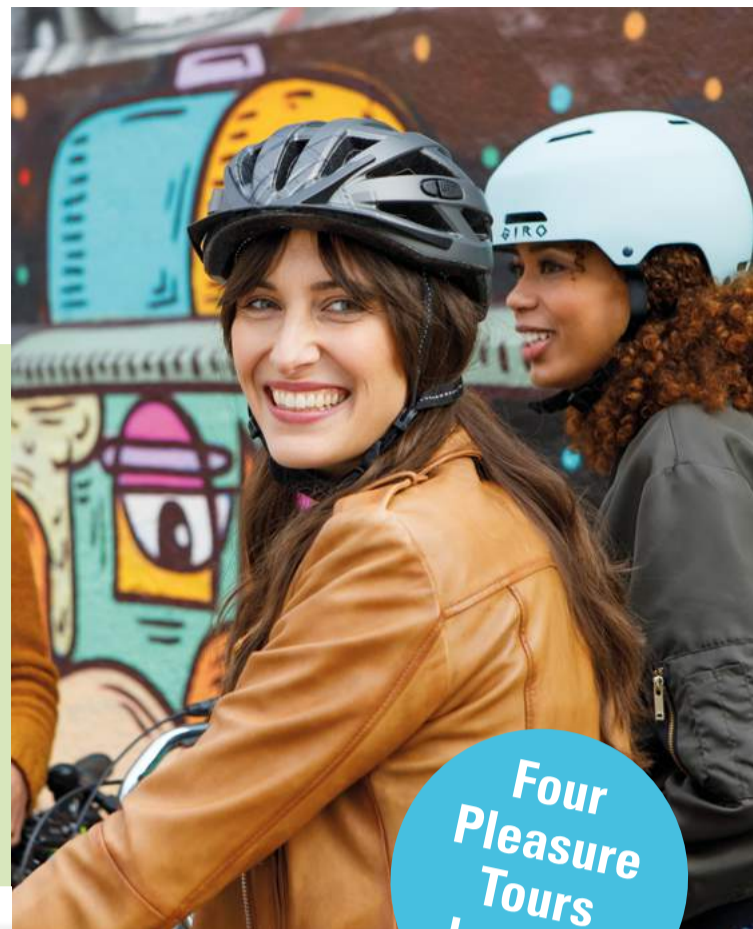


Further guided tours

simply-munich.com/guides

Tourist Information:
· Marienplatz 8
· Luisenstraße 1

Phone: +49 (0)89 233 - 96 500
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Bicycle trips in and around Munich

Information about bicycle trips are available at **München Tourismus**

On site: Tourist Info, Rathaus, Marienplatz 8 and Tourist Info, Central Station, Luisenstr. 1

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NEW

City guide
Munich

All the highlights
The most beautiful districts
Selected walking tours
Personal tips

The new city guide

Everything at one glance

The best tips for your visit

All the highlights, the most beautiful districts, selected walking tours and personal tips from our guides.

The new city guide from München Tourismus is available at the Tourist Information offices and at **simply-munich.com/city-guide**

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Highlights tour



Route length: approx. 7 kilometers
Duration: approx. 1 hour

Cycling tour taking in Munich city centre attractions: Old town, Englischer Garten, Isar upriver, Deutsches Museum, Isartor, Alter Hof and back to Marienplatz.

Start: South-east corner of the **1 Altes Rathaus** (Old Town Hall) at the Juliet Capulet statue. Then head south to the **Viktualienmarkt** (food market). Then, cycle past **Heiliggeist Church** (left) and **Metzgerzeile** (Butchers' Row) (right) and along the market. After around 250 metres, turn left onto **Prälat-Zistl-Straße** to pass the Schrannehalle market hall (left). Then you need to dismount and push your bike across **Sebastiansplatz**, which is located opposite the market hall, until you reach **2 St.-Jakobs-Platz** where the Synagogue and Stadtmuseum are.

TIP: Placing a flower in arms of the **Juliet Capulet statue** is supposed to bring good luck in affairs of the heart...

From **ORAG-Haus**, on the left-hand side of the square, turn right towards the **Oberanger** theatre. After the zebra crossing, turn right into **Rosental** and cycle as far as the Viktualienmarkt. Here, turn left and cycle along **Viktualienmarkt Straße** again until you reach the **Tal**. Cross this road and cycle straight down **Sparkassenstraße**, before turning left onto **Pfisterstraße**. From there, take the first road on the right (**Hofgraben**) and follow it to **Maximilianstraße**, which you will cross. Then, turn left and cycle around **3 Max-Joseph-Platz**. The main attractions on this square are the **Nationaltheater** on the east side and the **4 Residenz** palace towards the north. Keep to the right as you cycle along **Residenzstraße** and on to **5 Odeonsplatz**. In this square you can see the Baroque-style **Theatinerkirche** and the **Feldherrnhalle**, built in the Classical style.

At the end of the **Residenz building**, turn right and head through the **archway into the 6 Hofgarten** (Court Garden).

TIP: Dancers from the swing, salsa and tango scenes meet at **Hofgarten temple**.



Further along the **north side of the Residenz**. Turn right **just before the Staatskanzlei** (State Chancellery), and follow the path straight ahead until you reach the brick **arcade wall**. Then cycle downhill and left, through the underpass and into the **Englischer Garten**. After about 70 metres, head right over the **second bridge**, across the Kögelmühlbach and the **Haus der Kunst** car park. Turn right after the building and cycle as far as **7 Eisbachbrücke** on Prinzregentenstraße. From here, you can watch the Eisbach surfers in action.

On **Prinzregentenstraße** you will dismount and push your bike a short distance, to the traffic lights on **Lerchenfeldstraße**, and then **across Prinzregentenstraße**.

8 TIP: Bayerisches Nationalmuseum (Bavarian National Museum).

Cycle **towards the Isar River as far as Luitpoldbrücke**, with its view of the **9 Friedensengel** (Angel of Peace) monument. After **crossing Widenmayerstraße**, cycle directly onto the **cycle path** beside the **Isar River**, heading **south**, and cross **Maximilianstraße**. The **10 Maximilianeum** can be seen on top of the hill, to the left.

Next, cycle approximately 20 metres further along **Steinsdorfstraße** before **crossing the Praterwehrbrücke** on the left, heading right after the bridge, and along the **Praterinsel** to the corner of **Mariannenbrücke/Kabelsteg**. Cycle left across the **Kabelsteg**, turn right into **Zellstraße** and pass **Muffathalle**, with the **Muffatwerk beer garden**, continuing up the hill to Rosenheimer Straße. Munich's **11 "Gasteig"** cultural centre, home to the Munich Philharmonic Orchestra, can be seen up

to the left. Due to major refurbishment work, all institutions have moved to temporary accommodation in the HP8 cultural quarter in Sendling.

12 TIP: Müller'sches Volksbad pool, built in the art nouveau style.

At Rosenheimer Straße, turn right and cycle across **Ludwigsbrücke**. The **13 Deutsches Museum** can be seen on Isarinsel, the island to the left. You then cycle straight on into **Zweibrückenstraße**, passing **14 Isartor** as you head into the **Tal**. Turn right after the **Schneider Bräuhaus**, onto **Maderbräustraße**, then right again onto **Ledererstraße** and then left onto **Orlandostraße**. Pass the souvenir shops on foot, **pushing your bike** as far as the **15 Hofbräuhaus am Platzl**.

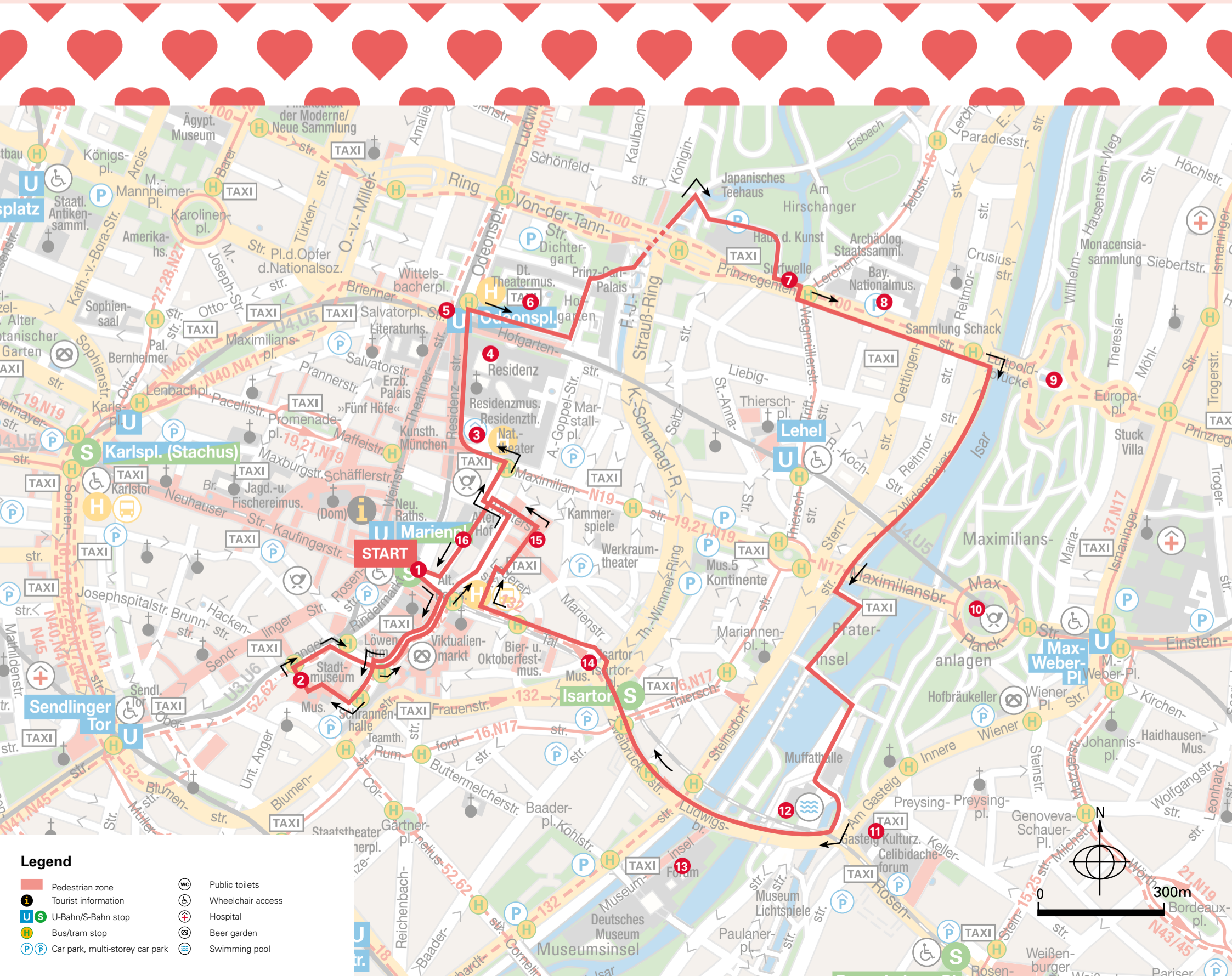
TIP: Hofbräuhaus beer garden.



Keep walking, heading along **Platzlgasse** until it opens into Pfisterstraße on the left. You will need to **push your bike** as far as the **Sparkassenstrasse**, then continue straight along this road before turning left to the **16 Alter Hof** (Old Court) where you can take a peek into the inner courtyard of the former **Residence** (city palace). Return to the Sparkassenstrasse and back to the start.

TIP: Exhibition Münchner Kaiserburg (former Imperial Castle) in the **Infopoint** Museen und Schlösser in Bayern.

The Highlights tour on komoot:



Grand city tour



Route length: approx. 23.5 kilometers
Duration: approx. 3 hours

From the centre of the old town to the Kunstareal art district, and on to the former summer residence of the Wittelsbach family, along the Biedersteiner Canal, to the Olympic Park and back across Leopoldstraße.

This tour starts at **1 Altes Rathaus**, south tower at the Juliet Capulet statue. Head north to the Sparkassenstrasse, then continue across the Pfisterstrasse and the Hofgraben to **2 Max-Joseph-Platz** (square), where you will find the **Nationaltheater** (opera house) and **Residence** and continue to **3 Odeonsplatz** (square).



Photo: Christian Kasper

At the Lenbachhaus art gallery

Turn left here, onto **Brienner Straße**, and cycle as far as **Karolinenplatz**, which has an obelisk in the middle.

Then turn down the first street on the right, **Barer Straße**, and you'll find yourself in the very centre of Munich's **Kunstareal** art district. Head right onto **Gabelsberger Straße**, passing by the **4 Pinakothek der Moderne** (Pinakothek of Modern Art). Turn left, cycling onto **Türkenstraße** and past the **5 Brandhorst Museum**, before turning left again onto Theresienstraße. Crossing Barer Straße, then cycle past the **6 Neue Pinakothek** and the **Alte Pinakothek**.



Nymphenburg palace

Photo: Jörg Lutz

As you turn left onto **Arcisstraße** and cross Gabelsberger Straße, you will see the **7 Staatliches Museum Ägyptischer Kunst** (State Museum of Egyptian Art) on the left, as well as the **University of Television and Film**, housed in the same buildings complex. The **8 Munich Documentation Centre** for the History of National Socialism is located a little further on, also on the left. When you get to **9 Königsplatz**, turn right and make for the **Propylaea gate**, flanked by the **Glyptothek** museum (right) and the **Antikensammlung** (left). Cycle straight on again; you will see the **10 Städtische Galerie im Lenbachhaus** art gallery on the right, behind the Propylaea gate.

Continue to **Stiglmaierplatz**. Passing the Löwenbräukeller, cycle along **Nymphenburger Straße** and cross the **Mittleren Ring/Landshuter Allee** to get to **Rotkreuzplatz**. After about 500 metres, bear right onto **Waisenhausstraße**. After another 500 metres, head left onto **Nördliche Auffahrtsallee**, along the canal and through the gardens to **11 Schloss Nymphen-**



The Olympic Park

Photo: Jan Saurer

burg. From the palace, **cycle back** along the canal for a short stretch, then turn left onto **Menzinger Straße**. After around 300 metres, cross the **Biedersteiner Canal** and turn right onto **Kuglmüllerstraße**. From there, follow the **signs for 12 Olympiapark** to ride across the large park complex which hosted the 1972 Olympic Summer Games, and which is still used today.

TIP: Take a detour to visit **BMW Welt** and the **BMW Museum**. Continue along the **Biedersteiner Canal** towards **13 Petuel-**
park and then on to Leopoldstraße. From here, turn right towards the city centre (Innenstadt).



"Walking Man" on Leopoldstraße

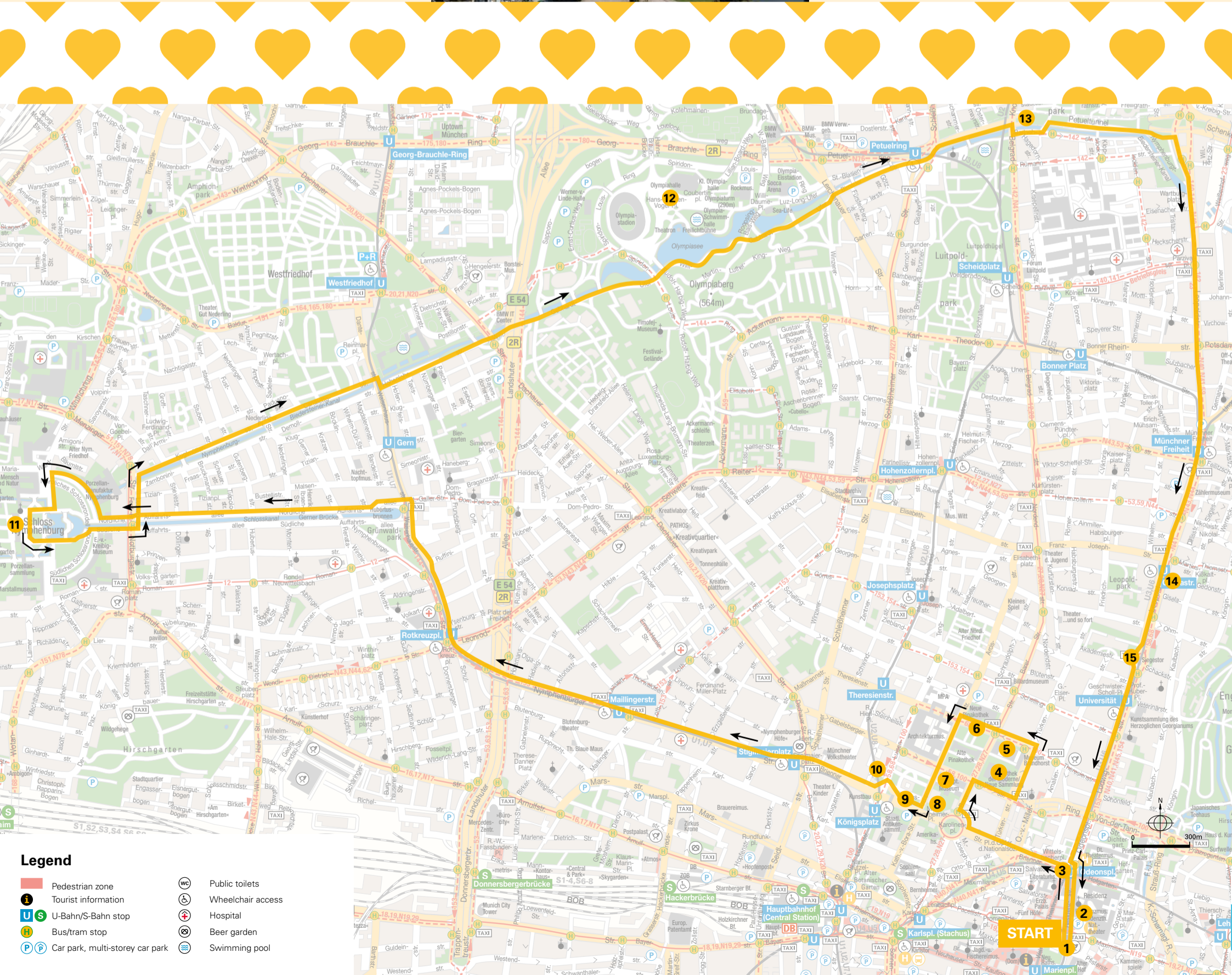
Photo: J. Willgruber

TIP: Take a detour to visit the artists' quarter of **Schwabing**: **Art nouveau buildings** at **Münchner Freiheit**, **14 "Walking Man"** sculpture on the left side of Leopoldstrasse.

Along magnificent **Ludwigstraße**, past **15 Siegestor** and **Ludwig-Maximilians-Universität** on **Geschwister-Scholl-Platz** and back to **Odeonsplatz** and **Marienplatz**. Please dismount and push your bike for the last few meters as you pass the Neues Rathaus (New Town Hall).

TIP: While on foot, take a look around **Marienplatz**, where you'll find the Neues Rathaus (New Town Hall) and its Glockenspiel mechanical clock, the Mariensäule (Mary's Column) and the Altes Rathaus (Old Town Hall).

The Grand City tour on komoot:



- Legend**
- Pedestrian zone
 - i Tourist information
 - U U-Bahn/S-Bahn stop
 - H Bus/tram stop
 - P Car park, multi-storey car park
 - wc Public toilets
 - ♿ Wheelchair access
 - 🏥 Hospital
 - 🍺 Beer garden
 - 🏊 Swimming pool

“Englischer Garten” tour



Route length: approx. 15 kilometers
Duration: approx. 2 hours

A pleasant cycling tour down the Isar River to the Aumeister beer garden and through the Englischer Garten back to Marienplatz.

Start: South-east corner of the **1 Altes Rathaus**, south tower at the Juliet Capulet statue. The tour then heads east through the **valley to the Isartor** (gate) and continue straight on across the **2 Ludwigsbrücke** (bridge). The **Deutsches Museum** can be seen on one of the Isar River islands on the right hand side. **Turn sharply round to the right after crossing the river, then under the bridge** and straight on, **following the Isar River cycling route** downriver and passing the **Müller'sches Volksbad** (pool).

You can see the **3 Maximilianeum**, seat of the Bavarian state parliament, and the **4 Friedensengel** monument on the right. Continue through **Herzogpark** and on to **5 Oberförhng weir on the Isar River**. At the weir, cycle right and continue out of the city along the central Isar canal, until you reach the wooden **6 St. Emmeram bridge**.

Cross the bridge and head through the **Englischer Garten**, following signs for **“Aumeister”**. Cycle along the Schwabinger Bach stream and then to **Kleinhesseloher See**, passing the



Photo: Jörg Lutz

Isarring on the way. Follow signs for the **7 Chinesischen Turm** (Chinese Tower). You might like to take a detour to visit the Hirschau beer garden and the Seehaus (lake house) by **Kleinhesseloher See**.

TIP: The **8 Monopteros** offers a view of the Old Town skyline.



Photo: Sigi Müller

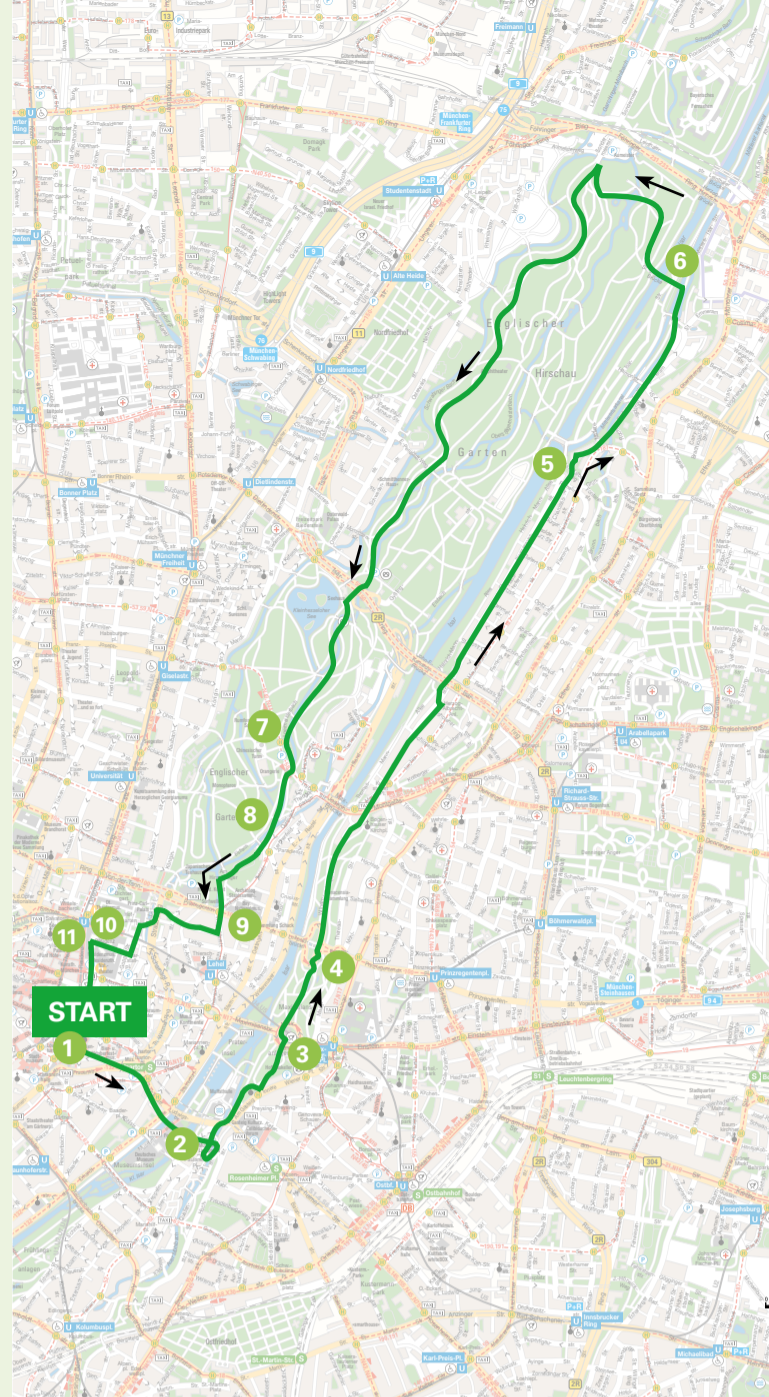
The cycle path will take you towards the city centre. After around 500 metres, just before **Eisbachbrücke**, take a left and follow the narrow cycle path that runs parallel to the stream.

At the end of the park, turn right onto **Prinzregentenstraße**. The bridge offers the best view of the river surfers on the **9 Eisbachwelle** (Eisbach wave). Continue along Prinzregentenstraße past the Haus der Kunst art gallery and on to the **corner of Königinstraße**. Here, cross at the pedestrian crossing and head along the cycle path to **10 Hofgarten**, with **Hofgarten Temple** at its centre.

We travel via **Hofgartenstrasse** to **11 Odeonsplatz**, and then on through Max-Joseph-Platz, Maximilianstrasse, Hofgraben, Pfisterstrasse and Sparkassenstrasse and back to our starting point.

wSTIP: Touch the noses of the lions' at the entrance to the Residenz for good luck!

The “Englischer Garten” tour on komoot:



Isar River tour



Route length: approx. 18 kilometers
Duration: approx. 2 hours 30 minutes

A relaxed cycling tour with one short, steep incline. From the city centre, this tour goes upriver along the Isar River to Großhesseloher Bridge, past Hinterbrühl nature park, Floßlände (raft landing stages) and Flaucher park and through the Gärtnerplatz district and Viktualienmarkt, back to Marienplatz.

The Isar tour starts at the **1 Altes Rathaus** south tower at the Juliet Capulet statue. From there, cycle along the **valley to the 2 Isartor** (gate) and continue straight ahead over the **Ludwigsbrücke** (bridge). Immediately after the bridge, turn right and follow the **Isar River cycle path** (signposted Isarradweg) upriver and to the south. The **3 Deutsches Museum** can be seen on one of the Isar River islands to the right. Next we go past Museumsinsel (Museum island), always travelling along the rewilded riverbank.

TIP: Around 150 metres before the Braunauer Eisenbahnbrücke, a flight of stone steps on the left leads to the **4 Städtischen Rosengarten** (State Rose Garden, free admission).

Passing through broad green spaces, you will soon reach **5 Tierpark Hellabrunn animal park**.

Just beyond the animal park a **walkway leads up to the high bank of the Isar River** on the left. You'll need to push your bike up the short but steep slope here, past the **Marienklause chapel**. Continue along the **Isar River cycle path (Hochleite)** until you reach **Hofgut Mentschwaige**, with its beer garden. Cycle over the 31-metre-high **6 Großhesseloher bridge** and then freewheel **down the steep Höllerer Berg** to the Isar River. Cycle back **towards the city** along the **left of the Werkskanal**, following signs marked **“M-Wasserweg”**, until you reach the **Hinterbrühl beer garden**.

About 50 metres further along, cycle right and across the bridge and continue to follow the **M-Wasserweg** towards **Floßlände**. Turn left onto **Zentralländstraße** and, around 50 metres later, right onto **Benediktbeurer Straße**.

TIP: **7 Maria Einsiedel natural open-air swimming pool** (on the right, entry via Zentralländstraße).

Just before Maria-Einsiedel-Straße, take the **cycle path** on the right that leads **along Maria-Einsiedel-Bach**, then continue under **Thalkirchner Bridge** and ride along the **“Am Isarkanal”** cycle path towards Flaucher.

TIP: It's worth taking a detour on foot at **Wasserkraftwerk 2** (Hydroelectric power station 2) to the Isar River jetty, with views of the Sonneninseln (sun islands) and the gravel banks of the rewilded river.



Photo: Christian Kasper

As you cycle further, follow the signs for the **“Zum Flaucher”** beer garden. You will need to cross **Schinderbrücke** bridge to get there. As you leave the beer garden, follow the marked path towards the city centre (Innenstadt). At **Reichenbachbrücke** bridge, turn left onto **Fraunhoferstraße**. After the U-Bahn stop, head right and through **Reichenbachstraße** to **8 Gärtnerplatz**.

You can enjoy a good overview of the city from the steps of the Staatstheater on Gärtnerplatz. Cycle around the square and then turn onto **Corneliusstraße**. Cross at the traffic lights on **Blumenstraße** and cycle along **Prälat-Zistl-Straße**, which forks right after about 20 metres. Pass the **Schrankenhalle**, **9 Viktualienmarkt** and **Alte Peter church** as you return to your starting point.

The Isar River tour on komoot:

