

## Isar River tour



Route length: approx. 18 km

Duration: approx. 2 hours 30 minutes

A relaxed cycling tour with one short, steep incline. From the city centre, this tour goes upriver along the Isar River to Großhesseloher Bridge, past Hinterbrühl nature park, Floßlande (raft landing stages) and Flaucher park and through the Gärtnerplatz district and Viktualienmarkt, back to Marienplatz.

The Isar River tour starts on **1 Marienplatz** at the archway of the **Altes Rathaus**. Cycle through the arch and along the **Tal** to **2 Isartor**, then continue straight on and over **Ludwigsbrücke**. Immediately after the bridge, turn right and follow the **Isar River cycle path** (signposted Isarradweg) upriver and to the south. The **3 Deutsches Museum** can be seen on one of the Isar River islands to the right. You will then pass Museumsinsel (Museum Island) and head along the rewilded riverbank.

**TIP:** Around 150 metres before the Braunauer Eisenbahnbrücke, a flight of stone steps on the left leads to the **4 Städtischen Rosengarten** (State Rose Garden, free admission).

Passing through broad green spaces, you will soon reach **5 Tierpark Hellabrunn animal park**.

Just beyond the animal park a **walkway leads up to the high bank of the Isar River** on the left. You'll need to push your bike up the short but steep slope here, past the **Marienklause chapel**. Continue along the **Isar River cycle path (Hochleite)** until you reach **Hofgut Menterschwaige**, with its beer garden. Cycle over the 31-metre-high **6 Großhesseloher bridge** and then freewheel **down the steep Höllerer Berg** to the Isar River. Cycle back **towards the city** along the **left of the Werkskanal**, following **signs marked "M-Wasserweg"**, until you reach the **Hinterbrühl** beer garden.

About 50 metres further along, cycle right and across the bridge and continue to follow the **M-Wasserweg** towards **Floßlande**. Turn left onto **Zentralländstraße** and, around 50 metres later, right onto **Benediktbeuerer Straße**.

**TIP: 7 Maria Einsiedel natural open-air swimming pool** (on the right, entry via Zentralländstraße)

Just before Maria-Einsiedel-Straße, take the **cycle path** on the right that leads **along Maria-Einsiedel-Bach**, then continue under **Thalkirchner Bridge** and ride along the **"Am Isarkanal"** cycle path towards Flaucher.

**TIP:** It's worth taking a detour on foot at **Wasserkraftwerk 2** (Hydroelectric power station 2) to the Isar River jetty, with views of the Sonneninseln (sun islands) and the gravel banks of the rewilded river.



On the Isar River

As you cycle further, follow the signs for the **"Zum Flaucher"** beer garden. You will need to cross **Schinderbrücke** bridge to get there. As you leave the beer garden, follow the marked path towards the city centre (Innenstadt). At **Reichenbachbrücke** bridge, turn left onto **Fraunhoferstraße**. After the U-Bahn stop, head right and through **Reichenbachstraße** to **8 Gärtnerplatz**.

There is a great view from the steps of the Staatstheater on Gärtnerplatz. Cycle around the square and then turn onto **Corneliusstraße**. Cross at the traffic lights on **Blumenstraße** and cycle along **Prälat-Zistl-Straße**, which forks right after about 20 metres. Pass the **Schrankenhalle**, **9 Viktualienmarkt** and **Alte Peter church** as you return to your starting point.

