Advice

Dear cycle tourists,

Please note the following guidelines:

The green and white signs will help you find your way; please make sure to only cycle on marked cycle paths.

All time and kilometre distances specified for routes are estimated values, and may deviate from your own calculations despite careful researching of the routes.

Bicycles may be brought onto U-Bahn (underground) and S-Bahn (suburban railway) services, subject to purchase of a suitable ticket and validation of a bicycle day ticket (currently priced at €3.00). Please note that bicycles may not be carried on public transportation during rush hours: Monday to Friday 6:00 am-9:00 am and 4:00 pm-6:00 pm.

Our services

München Tourismus offers a wide range of personalised and multilingual services for everyone visiting Munich for its wealth of leisure, art and cultural attractions, as well as many opportunities for relaxation and enjoyment in typical Munich style.

Services

• Information about Munich
• Independent, helpful and multilingual advice
• Accommodation service

Picnic, S-Bahn (suburban railway) services, subject to purchase of a ticket. 

No liability is accepted for the accuracy of this information.

Garten (English Garden)”: The new view of Munich by Rainer Viertlböck

Cover photo: Christian Kasper; Photos: München Tourismus, RAW or as indicated

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Advice

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Subject to amendments

Be as the locals do… hop on our bicycles for a bike tour through Munich – see the main attractions and the hidden spots of the “bike capital” Munich!

BIKE RENTAL

Want to make a tour by bike with your friends? Or go shopping without having to find a parking space? Rent our modern citybikes! We offer city- and trekking bikes, kids bikes, child seats, trailers, helmets and the best tips where to go.

YOUR PERSONAL CITY TOUR

For groups of 8 and more persons we offer tailor-made city tours (not only) by bike, such as → Beer tour with brewery visit and beer tasting → Theme tours → Tasting and Culinary Tours → Scavenger Hunts → And many more …

OPENING HOURS AND HOW TO REACH US

Mon–Fri 9.30 am – 6 pm, Sat (Apr.–Oct.) 9 am – 2 pm

By tram: Line 18, “Eduard-Schmid-Straße”
By subway: Line 1/2, “Frauhofer Straße”
On Foot: 15 Minutes from City Center

Further information: www.spurwechsel-muenchen.de

BIKE RENTAL

Over 270 bikes + E-bikes
high quality – well maintained
locks, baskets, helmets on request ...

all bikes have gears children pay half-price

Prices per day from EUR 14,50

BIKE RENTAL

Tour Times?

Summer: April 1st – Oct 15th
Tour Times?
Sun 10:00 am – 6:00 pm
Sat 10:00 am – 5:00 pm

Old Town Tour:
On this tour you will experience the history of Munich at close quarters from the founding of the city to the present day. Meeting point: Marienplatz
Rate: 69,60 Euro (60 Min.)

Old Town Tour and Englischer Garten:
This pedicab tour offers not only an excursion into the history of the city of Munich from its foundation in the 12th century until today, but also a detour to one of the largest city parks in the world, the Englischer Garten.
Meeting point: Marienplatz
Rate: 99,00 Euro (90 Min.)

Information and booking
www.simply-munich.com/guides
Tourist Information:
Marienplatz 8
Luisenstraße 1
Phone: +49 (0)89 233–96 500
Email: tourismus.gs@muenchen.de

City of Munich
Munich on three wheels

Hop on board, sit back, and enjoy: a rickshaw tour is a personalised, flexible and relaxed way to discover the city. The leisurely pace offers an unhurried opportunity for guests to take in all the detail of their surroundings. Longer routes are not a problem these days either, with the cab keeping guests protected against wind and weather, while staying close to the action. The rickshaw guides know Munich’s history and sights like the back of their hand, and will be glad to answer all your questions – they’re also well-informed about the hottest photo locations and where to grab the best espresso. Brief stops can be added at any point on the journey.

München Tourismus offers the following rickshaw tours with officially trained LHM (State Capital of Munich) guides:

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simply
on the move
Tips for cycling in Munich

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Highlights tour

Route length: approx. 7 km
Duration: approx. 1 hour


Start: South-east corner of the Altes Rathaus (Old Town Hall) at the Juliet Capulet statue. Then head south to the Viktualienmarkt (food market). Then, cycle past Heiliggeist Church (left) and Metzgerzeile (Butchers’ Row) (right) and along the market. After around 250 metres, turn left onto Pralat-Zist-Straße to pass the Schranenhalle market hall (left). Then you need to dismount and push your bike across Sebastiansplatz, which is located opposite the market hall, until you reach St.-Jakobs-Platz where the Synagogue and Stadtmuseum are.

TIP: Placing a flower in arms of the Juliet Capulet statue is supposed to bring good luck in affairs of the heart…

From ORAG-Haus, on the left-hand side of the square, turn right towards the Oberaner theatre. After the zebra crossing, turn right into Rosental and cycle as far as the Viktualienmarkt. Here, turn left and cycle along Viktualienmarkt Straße again until you reach the Tal Cross this road and cycle straight down Sparkassenstraße, before turning left onto Pfisterstraße. From there, take the first road on the right (Hofgraben) and follow it to Maximilianstraße, which you will cross. Then, turn left and cycle around Max-Joseph-Platz. The main attractions on this square are the National Theatre on the east side and the Residenz palace towards the north. Keep to the right as you cycle along Residenzstraße and on to Odeonsplatz. In this square you can see the Baroque-style Theatinerkirche and the Feldherrnhalle, built in the Classical style.

At the end of the Residenz building, turn right and head through the archway into the Hofgarten (Court Garden).

TIP: Dancers from the swing, salsa and tango scenes meet at Hofgarten temple.

This runs along the north side of the Residenz. Turn right just before the Staatskanzlei (State Chancellery), and follow the path straight ahead until you reach the brick arcade wall. Then cycle downhill and left, through the underpass and into the Englischer Garten. After about 70 metres, head right over the second bridge, across the Köglmülbach and the Haus der Kunst car park. Turn right after the building and cycle as far as Eisbachbrücke on Prinzregentenstraße. From here, you can watch the Eisbach surfers in action.

On Prinzregentenstraße you will dismount and push your bike a short distance, to the traffic lights on Lerchenfeldstraße, and then across Prinzregentenstraße.

TIP: Bayerisches Nationalmuseum (Bavarian National Museum)

Cycle towards the Isar River as far as Luitpoldbrücke, with its view of the Friedensengel (Angel of Peace) monument. After crossing Widenmayerstraße, cycle directly onto the cycle path beside the Isar River, heading south, and cross Maximilianstraße. The Maximilianeum can be seen on top of the hill, to the left.

Next, cycle approximately 20 metres further along Steindorfstraße before crossing the Praterwehrbrücke on the left, heading right after the bridge, and along the Praterinsel to the corner of Mariannenbrücke/Kabelsteg. Cycle left across the Kabelsteg, turn right into Zellstraße and pass Muffathalle, with the Muffatwerk beer garden, continuing up the hill to Rosenheimer Straße. Munich’s “Gasteig” cultural centre, home to the Munich Philharmonic Orchestra, can be seen up to the left.

TIP: Müller’sches Volksbad pool, built in the art nouveau style

At Rosenheimer Straße, turn right and cycle across Ludwigsbrücke. The Deutsches Museum can be seen on Isarinsel, the island to the left. You then cycle straight on into Zweibrückenstraße, passing Isartor as you head into the Tal. Turn right after the Schneider Bräuhaus, onto Maderbräustraße, then right again onto Ledererstraße and then left onto Orlandstraße. Pass the souvenir shops on foot, pushing your bike as far as the Hofbräuhaus am Platzl.

TIP: Hofbräuhaus beer garden

Keep walking, heading along Platzlrgasse until it opens into Pfisterstraße on the left. You will need to push your bike as far as the Sparkassenstrasse, then continue straight along this road before turning left to the Alter Hof (Old Court) where you can take a peek into the inner courtyard of the former Residence (city palace). Return to the Sparkassenstrasse and back to the start.

TIP: Exhibition Münchner Kaserburg (former Imperial Castle) in the InfoPoint Museen und Schlösser in Bayern.
As you turn left onto Arcisstraße and cross Gabelsberger Straße, you will see the State Museum of Egyptian Art on the left, as well as the University of Television and Film, housed in the same buildings complex. The NS Dokumentationszentrum (Munich Documentation Centre for the History of National Socialism) is located a little further on, also on the left. When you get to Königsplatz, turn right and make for the Propylaea gate, flanked by the Glyptothek museum (right) and the Antiken-sammlung (left). Cycle straight on again; you will see the Städtische Galerie im Lenbachhaus art gallery on the right, behind the Propylaea gate. Continue to Stiglmaierplatz. Passing the Löwenbräukeller, cycle along Nymphenburger Straße and cross the Mittleren Ring/Landshuter Allee to get to Rotkreuzplatz. After about 500 metres, bear right onto Waisenhausstraße. After another 500 metres, head left onto Nördliche Auffahrtsallee, along the canal and through the gardens to Schloss Nymphenburg. From the palace, cycle back along the canal for a short stretch, then turn left onto Menzingier Straße. After around 300 metres, cross the Biedersteiner Canal and turn right onto Kugelmüllerstraße. From there, follow the signs for Olympiapark to ride across the large park complex which hosted the 1972 Olympic Summer Games, and which is still used today.

TIP: Take a detour to visit BMW Welt and the BMW Museum.

Continue along the Biedersteiner Canal towards Petuel-park and then on to Leopoldstraße. From here, turn right towards the city centre (Innenstadt).
**“English” tour**

Route length: approx. 15 km  
Duration: approx. 2 hours

A pleasant cycling tour down the Isar River to the Aumeister beer garden and through the Englischer Garten back to Marienplatz.

Start: South-east corner of the Altes Rathaus, south tower at the Juliot Capulet statue. The tour then heads east through the valley to the Isartor (gate) and continue straight on the Ludwigsgbrücke (bridge). The Deutsches Museum can be seen on one of the Isar River islands on the right hand side. Turn sharply round to the right after crossing the river, then under the bridge and straight on, following the Isar River Cycling Route downhill and passing the Münzscher Volksbad pool.

You can see the Maximilianeum, seat of the Bavarian state parliament, and the Friedensengel monument on the right. Continue through Herzogpark and on to Oberfohring weir on the Isar River. At the weir, cycle right and continue out of the city along the central Isar canal, until you reach the wooden St. Emmeram bridge.

Cross the bridge and head through the Englischer Garten, following signs for “Aumeister”. Cycle along the Schwabinger Bach stream and then to Kleinheselohr See, passing the Monopteros and the Hofgarten Temple at its centre.

**Isar River tour**

Route length: approx. 18 km  
Duration: approx. 2 hours 30 minutes

A relaxed cycling tour with one short, steep incline. From the city centre, this tour goes upriver along the Isar River to Großhesseloher Bridge, past Hinterbrühl nature park, Floßlände (raft landing stages) and Flaucher park and through the Gärtnerplatz district and Viktualienmarkt, back to Marienplatz.

The Isar tour starts at the Altes Rathaus south tower at the Juliot Capulet statue. From there, cycle along the valley to the Isartor (gate) and continue straight ahead over the Ludwigsgbrücke (bridge). Immediately after the bridge, turn left and follow the Isar River cycle path (signposted Isarkanal) and then to the south. The Deutsches Museum can be seen on one of the Isar River islands to the right. You will then pass Museuminsel (Museum Island) and head along the rewilded riverbank.

**TIP:** Around 150 metres before the Braunauer Eisenbahnbrücke, a flight of stone steps on the left leads to the Städtischen Rosengarten (State Rose Garden, free admission).

Passing through broad green spaces, you will soon reach Tierpark Hellabrunn animal park.

Just beyond the animal park a walkway leads up to the high bank of the Isar River on the left. You’ll need to push your bike up the short but steep slope here, past the Marienklause chapel. Continue along the Isar River cycle path (Hochleite) until you reach Hofgut Mortosschwaig, with its beer garden. Cycle over the 31-metre-high Großböhlesohler bridge and then freewheel down the steep Höller Berg to the Isar River. Cycle back towards the city along the left of the Werkskanal, following signs marked “M-Wasserweg”, until you reach the Hinterbrühler beer garden.

About 50 metres further along, cycle right and across the bridge and continue to follow the M-Wasserweg towards Floßlände. Turn left onto Zentralländstraße and, around 50 metres later, right onto Benediktebrueer Straße.

As you cycle further, follow the signs for the “Zum Flauher” beer garden. You will need to cross Schinderbrücke bridge to get there. As you leave the beer garden, follow the marked path towards the city centre (Innenstadt). At Reichenbachbrücke, turn left onto Fraunhoferstraße. After the U-Bahn stop, head right and through Reichenbachbrücke to Gärtnerplatz.

**TIP:** It’s worth taking a detour on foot at Wasserwerk 2 (Hydroelectric power station 2) to the Isar River jetty, with views of the Sonneninseln (sun islands) and the gravel banks of the rewilded river.

Just before Maria-Einsiedel-Straße, take the cycle path on the right that leads along Maria-Einsiedel-Bach, then continue under Thalkircher Bridge and ride along the “Am Isarkanal” cycle path towards Flauher.

**TIP:** Maria Einsiedel natural open-air swimming pool (on the right, entry via Zentralländstraße)